

COMPONENTS OF A GATHERING:

Every gathering begins and ends with prayer together and sharing. Forming a community of trust is essential for this two-year journey.

Substantial reading and formal input provide the academic component of the program. This formal input is given by a variety of presenters with expertise in the field.

Part of each gathering is spent in an Integration Group – a place to integrate the readings and presentations with one's own life experience. This personal process is central to becoming a spiritual guide. A staff member facilitates the group.

The Practicum component provides the experiences necessary to develop the inner awareness and skills to companion another as spiritual guide. In year one, participants practice in a variety of settings during the weekend. In year two, participants are required to meet with two seekers between gatherings.

Supervision is part of the program.

Centering prayer, Moving Meditation, quiet time, and informal sharing all help make the gathering and the program a rich formative experience.



Racine Dominicans
Committed to Truth • Compelled to Justice

A Sponsored
Ministry of the
Racine Dominicans

PROGRAM STAFF:

The staff consists of practicing spiritual guides with broad theological backgrounds and extensive training and experience in spiritual guidance.

The staff for 2017-2018 is:

Colleen McGeady-Ambrose, MA, MM

Program Director

Miriam Brown, OP, MA

Annette Jo Giarrante, MDiv, CPCC

Terry Johnson, MDiv, MA

Rita Lui, OP, MA

On-site Coordinator

For some topics there will be guest presenters.

COST:

Costs for 2017-2018 will be:

- \$100 Application fee; \$125 after July 31, 2016
- \$6075 for two-year program which includes tuition, room, meals, and retreats

Payable in four equal installments or as arranged. Upon acceptance, a \$250 enrollment fee is due and will be applied to tuition. Books and personal spiritual guidance are additional.

CONTACT INFORMATION:

Rita Lui, OP

Spiritual Guidance Training Program

Siena Retreat Center

5637 Erie St. • Racine, WI 53402

(262) 221-7605 or (262) 632-7297

rlui@racinedominicans.org

www.SienaRetreatCenter.org



SPIRITUAL GUIDANCE



TRAINING PROGRAM

A Two-Year Program
January 2017 - November 2018

www.SienaRetreatCenter.org

Racine, Wisconsin
On the shores of Lake Michigan
between Chicago and Milwaukee

FOR WHOM:

The Spiritual Guidance Training Program is available to women and men who sense a call to spiritual guidance ministry and who wish to explore that call, engage in personal spiritual growth, and enhance the knowledge and skills needed.

In addition, this program is for persons who:

- Have some theological background
- Have experienced and are willing to engage in on-going personal spiritual guidance
- Have considerable life experience
- Have a willingness to share reflectively
- Are well grounded in faith and personal reflection
- Appreciate learning with others from diverse faith traditions and backgrounds
- Desire an integrative body-mind-spirit approach
- Have an interest in and willingness to do readings between sessions
- Have the willingness to make a directed retreat during the program

PURPOSE:

The intent of this Spiritual Guidance Training Program is:

- To enrich spirituality, deepen theological awareness, and expand the worldview of the participants
- To offer resources, experiences, and support which can prepare participants to practice the art of spiritual guidance sensitively and skillfully
- To enhance participants' ability to companion others.

Participants receive a Certificate of Completion at the end of the Training Program.

FOUNDATIONAL UNDERSTANDING:

Story, a sacred process in which the Divine is revealed, is at the heart of spiritual guidance.

Recognizing the evolutionary story of our Universe, the developing of faith traditions, and the unfolding of our personal and communal stories in light of our world today, participants prepare to listen and respond as companions and witnesses to the stories of spiritual seekers.

Belief in God's unconditional love for and presence in creation is core. The Program is based in the Christian tradition and is enriched by embracing the diversity available in various faith perspectives, the New Cosmology, and a holistic approach to life and learning.

CONTENT:

Year one begins with several topics which form the theological base of the program. After this foundation, the program addresses topics particularly pertinent to the practice of spiritual guidance. Topics addressed in these two years reflect the following:

- Introduction to spiritual guidance and the art of listening
- The Universe Story
- God story in the 21st century
- Jesus in the New Cosmology
- Our sacred stories
- Spirituality of power
- Enneagram and spiritual guidance
- Prayer
- Sexuality and spirituality
- Compassion
- Loss and suffering
- Desire and resistance
- Discernment in spiritual development
- Global vision and justice

Retreat experiences are included throughout the two years.

SCHEDULE:

The program meets eight times per year. Gatherings alternate between Thursday-Saturday and Friday-Sunday. The first day begins at 2:30pm; the last day ends with the noon meal.

2017 Jan 5-7
Feb 17-19
Mar 23-25
May 5-7
Jun 8-11
Sep 8-10
Oct 12-14
Nov 16-19

2018 Jan 4-6
Feb 9-11
Mar 15-17
May 4-6
Jun 7-10
Sep 7-9
Oct 11-13
Nov 8-11