

Senior Companion Program



NEWS

Our Vision

To serve the elderly with presence, compassion and advocacy.

Our Mission

With respect and recognition of the dignity and value of each human being, the Senior Companion Program enhances quality of life for older adults through friendship, socialization and advocacy

About the Senior Companion Program

SCP is a sponsored ministry of the Racine Dominicans

Administrator:

S. Joyce Ballweg, OP
262.639.4100, Ext. 1299

Assistant:

Laurie Radewan
262.639.4100, Ext. 1307

scp@racinedominicans.org
www.racinedominicans.org



The Bells of Christmas – The Call and the Challenge

by Sister Brenda Walsh, SCP Volunteer

We hear the bells of Christmas,
reminding us of songs of old,
calling for “peace and good will to all.”

We hear the bells of bounty,
reminding us to look beyond our own needs,
and see the pain and suffering and despair
of so many people struggling for hope
and a way to survive.

The call is to share the blessings we enjoy
with faith, hope and love and to praise and bless
the giver and receiver of the bounty
we enjoy.

We hear the bells of hope in our time and place,
calling us to welcome God’s presence,
and to work to banish war and greed
and replace them with justice and peace.

May the bells of beauty ring out
and help us see God’s love and goodness
all around us, lighting the world with

HOPE





Bells Ring In & Bells Ring Out

by Sister Joyce Ballweg,
SCP Director

Ring in hope, ring out depression!
Ring in joy, ring out loneliness!
Ring in peace, ring out strife!

Breathe in hope, joy and peace every day of 2013!
As the autumn newsletter went out,
Laurie came in.
So now, ring in, welcome the presence of
Laurie Radewan, SCP Assistant Director.



Welcome

A Glimpse of Laurie

by Laurie Radewan

Since I began in late August, I have had the pleasure of meeting many wonderful people connected with our program. I am very happy to be here assisting Sister Joyce.

A little about myself....I have been married for 29 years to my husband John. We have lived in Mount Pleasant all of our married life.

We have two wonderful daughters. Both girls attended Catholic elementary school and graduated from St. Catherine's High School.

Our older daughter graduated from Bellin College of Nursing and is currently working as a surgical nurse at Aurora Hospital. Our younger daughter will graduate in May with a Master's Degree in Communicative Disorders/Speech and Language Pathology.

I come to you from St. Catherine's High School where I worked for 12 years in the Main Office. My primary responsibilities were Attendance and Reception along with many other duties too numerous to mention! I treasure the wonderful friendships I made while I was there.

My hobbies include gardening, cooking, baking, music and reading. I belong to a gourmet cooking club. I am an avid sports fan. My favorite teams are the Green Bay Packers, Wisconsin Badgers and St. Catherine's Angels.

It is a pleasure to be here and to be involved with such a meaningful program. I will do my best to be of service to you and I look forward to meeting each and every one of you!

Donations Received

September 1 to November 15, 2012

- Fr. Joseph Cox
- Kristi L Kurklis-Ohnstad
- Luella Ottelien
- Willard Widmar
- Calvin & Marilyn Sustachek
- Marcia Meracle
- Jane Schumann
- Imogene Johnson
- Faye & Steve Endres
- Mary Anne Smith
- St. Rita Christian Mothers
- St. Lucy Altar Society
- Catherine & Douglas Gundlach
- Mary Jane & Ralph Lorentzen

SCP Stats

The STATS for the fiscal year of September 2011 to August 2012 are now all tallied. We have recorded:

- 2,168 visits
- 1,607 phone calls
- 2,430 cards/letters/newsletters

The number of hours that our volunteers have contributed is remarkable and deeply appreciated. Time was spent in the following ways:

- Visiting, calling or writing 3,383 hours
- Tasks in the office 174 hours
- Transportation 192 hours

Total volunteer hours 3,749

We, as well as the recipients of these hours, are grateful and blessed with such dedicated and faithful volunteers.



Companionship Develops into Friendship

Receiving the following message from one of our many faithful volunteers gives us delight.

Jane writes, "Rosemary and I continue to share two hours together every week. She has become a very dear friend to me and my whole family!

Wish she lived closer!"

Websites of Interest

Home Instead Senior Care -

www.homeinstead.com/427

Comfort Keepers In-Home Care Services -

www.comfortkeepers.com/racine-wi

iTNRacineCounty -

Dignified Transportation for Seniors

www.ITNRacineCounty.org

Tips for Staying Healthy During Flu Season



- Get plenty of rest.
- Cover your mouth with a tissue when coughing or sneezing.
- Wash your hands frequently.
- Stay well hydrated.
- Eat plenty of fresh fruits and vegetables.
- Keep moving!



Merry Christmas in Other Languages

Armenian – "Shenoraavor Nor Dari yev Pari Gaghand"
 Bohemian – "Vesele Vanoce"
 Dutch – "Vrolijk Kerstfeest en een Gelukkig Nieuwjaar"
 French – "Joyeux Noel"
 German – "Froehliche Weihnachten"
 Greek – "Kala Christouyenna"
 Irish – "Nolaig Shona Dhuit"
 Italian – "Buone Feste Natalizie"
 Polish – "Wesolych Swiat Bozego Narodzenia"
 Spanish – "Feliz Navidad"
 Welsh – "Nadolig Llawen"
 Yugoslavian – "Cestitamo Bozic"

Winter Cider Recipe

Ingredients:

- 2 cups water
- 6 cups apple juice or apple cider
- 1 12 oz. can frozen apple juice concentrate
- ¼ cup brown sugar
- 1 medium apple, peeled and sliced
- 1 cup fresh or frozen cranberries
- 2 medium oranges, peeled and sectioned
- 2 cinnamon sticks

Directions: In a 5 qt. slow cooker or a large pot, combine all ingredients. Cover and cook on low for at least 2 hours. Discard cinnamon sticks. If desired, remove fruit with slotted spoon before serving.

Yields approx. 10 servings



Sisters of St. Dominic
Senior Companion Program
5635 Erie St.
Racine, WI 53402

Non-Profit Organization
U.S. Postage
PAID
Racine, WI
Permit No. 1614

Thanks to Our Supporters & Contributors

- The Racine Dominicans
- SC Johnson
- Donald J. Costello Estate
- US Navy SKC Robert W. Ply
& Mrs. Monica Rotkis Ply
- Memorials
- Individual Donations
- In-kind Contributions

We are grateful to all who contribute in any way
and share in the program's ministry.

THANK YOU

Contributions are Tax Deductible