

Mileage Awareness Pilot Project– Raising Awareness

Part of the purpose of this pilot program is to raise your awareness level of how simple daily behaviors affect the care of our planet. You might find it helpful to journal your experience on a daily, weekly or monthly basis. Here are some questions to ponder or to start you journaling:

1. In what ways has tracking your use of mileage raised your awareness of the carbon footprint caused by cars or airplanes?
2. Since you began tracking mileage, what changes did you make immediately in your daily activities?

As the months went by?

What do you still plan to do in the future?

3. How has this experience impacted you? Your family? Your job? Your daily life?
4. What behaviors can or can't you change?
5. What systemic issues or barriers in our society keep you from changing your travel habits?
6. Have you influenced others through conversation or by example to change their behaviors?
7. How has this experience affected you emotionally? Spiritually? Financially?
8. Has this experience inspired you to contact national, state or local officials to advocate for policy changes surrounding these issues?

