

SoulCollage^(R)

"I love this process!

For me it is a place to let my creative child out to cut and paste. I get quiet with the cards and have them talk to me about what their meaning is.

It is wonderful, creative, mysterious process."

-BVM

SoulCollage participant

To pay by credit card, fill out below.

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* found on back of card



A Sponsored
Ministry of the
Racine Dominicans

Mail registration to:

Siena Retreat Center
5637 Erie St.
Racine, WI 53402
Phone: (262) 898-2590
Email: retreats@racinedominicans.org
www.SienaRetreatCenter.org

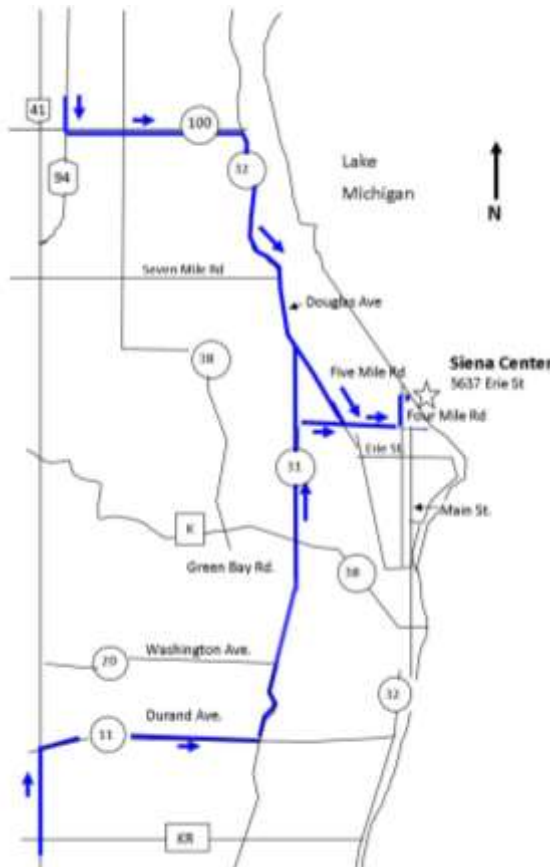
From Milwaukee Area:

Exit I-94 at Hwy 100 (Ryan Road); LEFT on Hwy 100 to Hwy 32 (4.4 mi); RIGHT on Hwy 32 to Four Mile Road (6.5 mi. along Hwy 32); LEFT on Four Mile Road to Erie Street (1.1 mi). Turn LEFT on Erie Street to SIENA CENTER (0.7 mi). Driveway on right.

From Chicago Area:

Due to construction, exit I-94 at Hwy 11. Continue east to Hwy 31. Turn left on Hwy 31 and continue to 4-Mile Rd. Turn east on 4-Mile Rd and continue past Hwy 32 to Erie St. Turn left on Erie St. Continue on Erie St.; Siena Center will be on your right side. You will see a sign for Retreat Parking. Feel free to drop luggage at the front door before going to park.

You may also want to check on the I-94 website for the latest construction updates: www.plan94.org



SoulCollage[®] Programs for 2016 -2017



**SoulCollage[®] Weekend: Sep 16-18
OR Saturday only, Sep 17, 9am-3pm**

**Saturday, Nov. 12, 2016, 9am-3pm
Saturday, Feb. 18, 2017, 9am-3pm
Saturday, May 20, 2017, 9am-3pm
Saturday, Jul 8, 2017, 9am-3pm**

Siena Retreat Center
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Racine, WI 53402
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“A SoulCollage® deck is the Story of You. It is a tangible way to know yourself in your diversity and depth, and also to show yourself to others.

In like-spirited groups, you can share cards and work with them in many sacred ways. You can consult them intuitively and discover wisdom within yourself which will amaze you.

Besides all this, creating them is just plain fun! You will love your deck – a multi-card Mirror of your Self and your Soul – whether it consists of three cards or a hundred.”

– Seena Frost, *Creator of SoulCollage®*

SoulCollage® is a process of creating, over time, a personal deck of unique, collaged cards from found and personal images for the primary purpose of self-exploration, self-acceptance, and soul-tending.

SoulCollage® is a fun, engaging, deep and illuminating process that is all at once a form of creative play, self-care, and personal reflection.

The cards that you make contain images you select – or images that select you – and come straight through your Soul, bypassing the mind.

Absolutely no art experience is necessary. The SoulCollage® process is simple and fun. There is no wrong or right way.

There will time for meditation, seeking images, making cards, group sharing, and consulting the wisdom of the images we chose.

Facilitated by Pat Shutts and Missy Isely-Poltrock

SoulCollage® Programs for 2016-2017

September 16- 18- A SoulCollage® Weekend
Friday at 7:30pm - Sunday after noon dinner

On this weekend, our theme will be *Sacred Journeys*. We will learn more about the different ways this intuitive collage process can be used in your everyday life. We will have more time to make cards, reflect on what they might be saying to us in a quiet reflective atmosphere. If you cannot make the whole weekend, join us for Saturday only.

Additional Saturdays, 9:00am - 3:00pm
Nov. 12, 2016: *I am Stronger than I Know- Celebrating Our Inner Strengths*
Feb. 18, 2017: *Relationships That Form and Strengthen Us*
May 20, 2017: *Listening to Earth’s Wisdom*
Jul. 8, 2017: *Changing My Mind- Taking a New Path*

OPTIONS
September 16-18 weekend: \$225 includes \$40 non-refundable deposit, accommodations and meals.
September 16-18 weekend plus four Saturdays: \$345
Individual Saturday sessions: \$35 includes \$10 non-refundable deposit, and noon meal.
Four Saturdays: \$140 includes \$40 non-refundable deposit and noon meals on each day.

SoulCollage®

Name _____

Address _____

Phone _____

Email _____

Special needs? _____

Emergency contact: _____

Emergency contact #: _____

____ SoulCollage® Weekend- to pay in full \$225
____ SoulCollage® Weekend plus 4 Sat- \$345
____ I wish to pay \$40 non-refundable deposit

____ Single Saturdays \$35/each or \$140/4 Saturdays; includes \$10 non-refundable deposit and noon meal for each Saturday

Sep 17 Feb 18 Jul 8
 Nov 12 May 20

_____ Total

Check one of the following:
____ Check is enclosed (make check payable to: Siena Retreat Center).
____ I wish to pay by credit card (see reverse)