As we approach this Holy Season, may your light continue to shine brightly.

Blessings to you and your loved ones during the coming year.

Sue Craanen & Laurie Radewan

Our Vision
We recognize and respect the dignity and value of each human being.

Our Mission
The Senior Companion Program (SCP) enhances the quality of life for adults through socialization and information.

About Us
SCP is a sponsored ministry of the Racine Dominicans

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Be a Light to All
By Sue Craanen
Executive Director
Senior Companion Program

As we enter these dark, cold months ahead, we need to focus and challenge ourselves to not only share our experiences but actively listen to all. Like seasons change, so do our lives. We have good days and bad days, we experience highs and lows; but, by the end of each day and with the help and support of others, we make it through! The light within still is shining.

Like the phases of our lives, the seasons also have phases, therefore, we need to appreciate and embrace each day. By sharing our light with others, we will become stronger. We need to remember not only to open our hearts but our minds to those we meet in order to be truly enriched. As it is a blessing to be here, try to make each day count.

Trees go dormant and gain strength during the winter months. We wait for that first leaf to appear, as it is a sign of new life. Try not to become dormant. Remain alive and bring light to those around you throughout the seasons.

Our wish for you this Holy Season is one of joy. May that joy remain with you throughout the year and may the light within each of you shine brightly.
S. Rose Marie Anthony, Faithful Volunteer

By Laurie Radewan

The Senior Companion Program has been very fortunate to have S. Rose Marie Anthony volunteering in our program for the past two years. When asked what drew her to this ministry she replied, "This program seemed to be a good one for me. I enjoy people. I took care of my parents for 12 years, so I know what it means to help someone pass the time when the days are long." She also mentioned that she remains in the program because her visitees have become her friends. "I always call before I stop by to visit. They are so happy to hear that I’m coming to spend at least an hour with them." I asked S. Rose Marie how her strong faith has helped her as a volunteer with the elderly. Her response was, "Jesus is concerned about the poor, sick and lonely. I can do likewise and offer my time to help those in need.”

We thank S. Rose Marie for her caring friendship she unselfishly gives to the members of our program. She truly is a blessing!

Poinsettias

This shrub, native to Mexico, is at the heart of a legend about a poor girl who wanted to bring Baby Jesus a gift one Christmas Eve. As she walked to church, she gathered a bouquet of weeds – which Jesus miraculously transformed into lovely red flowers.

Thus the poinsettia is known in Mexico as la flor de la Nochebuena (flower of the Holy Night).

Christmas Quotes

“Christmas is most truly Christmas when we celebrate it by giving the light of love to those who need it most.”

~Ruth Carter Stapleton

“When it is monetarily impossible to exchange Christmas presents, remember that love is free.”

~Unknown

“Somehow, not only for Christmas, but all the long year through, the joy that you give to others, is the joy that comes back to you.”

~John Greenleaf Whittier

“The giving of gifts is not something man invented. God started the giving spree when he gave a gift beyond words, the unspeakable gift of His Son.”

~Robert Platt

“The Son of God became a man to enable men to become the sons of God.”

~C.S. Lewis

Easy Breakfast Bake Recipe

This is an easy breakfast recipe sure to please all of your holiday guests!

• 1 dozen eggs – beaten
• 1 small green or red pepper – diced
• 1 small onion – diced
• 8 oz sour cream
• 1 lb diced cheese (can use Velveeta)
• 1 lb diced ham
• 1 stick of melted butter (can use less)

Combine all ingredients in a bowl, except butter. Pour melted butter into a 9 x 13 pan. Pour egg mixture over butter in pan, and bake uncovered at 350° for 45 minutes to an hour, until eggs are firm and top is golden. Let cool for 5 minutes. Substitute other ingredients that you like (mushrooms, bacon etc.). Can prepare egg mixture the night before and bake in the morning.

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The poinsettia is also an ideal Christmas symbol because its leaves turn red when deprived of sunlight and its flowers (the red inner buds) bloom in December.

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In Memory of
Richard Poplawski
Diane Haldane

In Memory of Rita Pint
The Deardorf Family

Individual Donations:
• Barb Tyldena
• Arnie Froode
• Gene and Pat Bocheck
• Barbara Zielinski
• Mable Hendrix
• Barbara Tyldena
• Helen M. DeGroot
• William and Catherine Perez
• Matt and Rita Andis
• Anonymous

THANK YOU
for your gifts

Word Search

Boys and girls, here’s a challenge for you:

Can you find the names of some important people in the Bible?

You’ll find:

ANGELS
CELEBRATE
COOKIES
FEBRUARY
GIFTS
JESUS
MISTLETOE
PEACE
SLEDDING
TINSEL

And the names of some important places:

BETHLEHEM
CHRISTMAS
DECEMBER
FEASTING
MAGI
MILL
SILENCE
WINTER

Now find the names of some important events:

CAROLS
COLD
FAMILY
FROSTY
JANUARY
MANGER
ORNAMENTS
RUDOLPH
SNOW
WISEMEN

Total volunteer hours 3,529

We are very grateful and blessed to have such dedicated and faithful volunteers.

Donations Received
August 15 through November 12, 2013

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